

Instructions for the "StrengthsFinder 2.0"

You need to obtain the "StrengthsFinder 2.0" book online or from a local bookstore.

Remember to take the assessment as your natural self. Do not answer how you wish you were or how you think others at work or at home want you to be. Be true to who you are. Try to take it when you are relaxed and rested as possible. You should allow 30-45 minutes for the online portion.

- 1. Read the introduction and pages 1-31 of the book.
- 2. Go to the back of the book where you will find a **red** packet. Open the packet and scratch off to get the key code that you will need to go online and complete the assessment.
- 3. Go to https://strengths.gallup.com/signin/default.aspx. Left-click on "Click to Register." Follow the instructions to register.
- 4. You will need the code from the back of the book once you have registered a new account in order to proceed with taking the assessment.
- 5. Print out your personalized results (called the Strengths Insight and Action-Planning Guide). It should be generated as a PDF that you can print and/or save to your computer. Be sure to bring this to the workshop at the ICHE Convention.